

WCPT guideline for the clinical education component of physical therapist professional entry level education

WCPT guideline for the clinical education component of physical therapist professional entry level education

Contents

Section	n 1: Introduction	2
1.1	Purpose	2
1.2	Background	2
1.3	Target audience	3
1.4	Application	3
Section	n 2: Guideline	4
2.1	Contract content between higher/tertiary institution and clinical site/facility	4
2.2	Expectations of the clinical education director/coordinator	5
2.3	Expectations of the clinical education site instructors	6
2.4	Expectations of the student	7
Appen	dix 1 Sample learning behaviours	8
Append	dix 2 Performance expectations	15
Append	dix 3 Sample rating scales	21
Bibliog	raphy/useful resources	26
Refere	nces	27

WCPT guidelines are produced to assist member organisations and others to raise the quality of physical therapy. They may provide guidance on standards criteria or courses of action in areas relevant to physical therapy education research practice or policy. They are not mandatory but designed to assist the implementation of WCPT's policies.

WCPT guideline for the clinical education component of physical therapist professional entry level education

Section 1: Introduction

1.1 Purpose

This guideline has been developed for the use of WCPT member organisations focussed on the delivery of high quality clinical education experiences in physical therapist professional entry level education.

While the guideline has been developed for and with input from member organisations of WCPT the intention is that it may be used by countries where physical therapy associations and education programmes do not currently exist and where the profession is not represented in WCPT.

Recognising that the clinical education component of the physical therapist professional entry level education programme varies around the world, this guideline sets out the issues to be considered in developing clinical education opportunities for student physical therapists.

It is anticipated that different countries will use the guideline to varying extents dependent on their needs. Individual WCPT member organisations and programme developers may modify and interpret the guideline within the context of their situation, while aiming to maintain the quality clinical education opportunities the guideline is designed to facilitate.

Other policies and guidelines intended to assist in the delivery of education policy include:

- WCPT policy statement: Education¹
- WCPT guideline for physical therapist professional entry level education²
- WCPT guideline for delivering quality continuing professional development for physical therapists³
- WCPT guideline for a standard evaluation process for accreditation/recognition of physical therapist professional entry level education programmes⁴

1.2 Background

All physical therapists have a professional obligation to support quality clinical education for physical therapist students. Physical therapist professional entry level education is a continuum of learning beginning with entry to an accredited/recognised physical therapist professional entry level education programme and ending with graduation from the programme. Clinical education is recognised as an essential element of the physical therapist professional entry level education programme.

Clinical education is the delivery, assessment and evaluation of learning experiences in practice settings. Clinical education sites may include institutional, industrial, occupational, primary health care, and community settings providing all aspects of the patient/client management model (examination/assessment, evaluation, interventions/treatments including education, prevention, health promotion and wellness programmes, diagnosis and prognosis/plan of care).

Clinical education provides opportunities for physical therapist students to:

- integrate knowledge, skills and professional behaviours and apply them in a clinical setting
- learn through practise, experience and reflection
- enhance their clinical skills in assessment/examination/evaluation, diagnosis, planning, treatment/intervention and re-evaluation
- understand and integrate the bio-psychosocial and environmental bases of practice
- enhance their skills in communication at all levels
- demonstrate appropriate professional behaviour
- experience professional and inter-professional socialisation
- develop behaviours and interpersonal skills that are requisites of the profession
- become a competent and autonomously practising entry level practitioner
- develop a sense of responsibility for lifelong learning

1.3 Target audience

This WCPT guideline is intended for:

- member organisations and their members, who are interacting with governments and educational institutions when establishing a physical therapist professional entry level education programme
- the development of teaching/learning requirements/objectives for the clinical education component of the physical therapist professional entry level education programme to assure that competence for professional practice is met
- the physical therapy faculty responsible for recruitment of clinical education faculty for physical therapist professional entry level education programmes
- the existing faculty to understand the professional expectations for clinical education

1.4 Application

The clinical education director/coordinator is a physical therapist and Is a member of the core faculty of the physical therapy programme. The clinical education director/coordinator is responsible for the clinical education component of the physical therapist professional entry level education programme. The clinical education site instructors are physical therapists practising in clinical placement sites. Clinical education directors/coordinators and clinical education site instructors facilitate and mentor the students to enable them to achieve a practice level commensurate with their academic training.

In developing the range of clinical education experiences for the physical therapist student, the clinical education director/coordinator and clinical education site instructors involved in the physical therapist professional entry level education programme should be:

- licensed/registered physical therapists if such a process exists in the country/state or if no licensure/registration exists, then clinical faculty must be a member of the professional organisation
- aware of the processes involved in licensure/registration and the competencies expected of the entry level physical therapist

- aware of the health delivery system(s), the health priorities of the country's population, and the demographics of the country influencing health services delivery
- have knowledge of the distribution of the physical therapy workforce and where physical therapists practise
- know the legal, ethical and practice guidelines established by the profession and the country, state, province, jurisdiction, or territory where they practise

Following satisfactory completion of the programme, the new graduate should be able to practise physical therapy competently as an entry level practitioner as specified in the WCPT guideline for physical therapist professional entry level education.⁶

Section 2: Guideline

The clinical education component of physical therapist entry level education should take into account the following:

- contract content between higher/tertiary institution and clinical site/facility
- expectations of the clinical education director/coordinator
- expectations of the clinical education site instructors
- expectations of the student

2.1 Contract content between higher/tertiary institution and clinical site/facility

A formal contract of agreement/understanding should be established between the higher/tertiary institution in which the physical therapist professional entry level education programme is housed and the clinical site. The agreement should include the:

- relationship at the organisational level between the physical therapist professional entry level education programme and the clinical site
- relationship between academic faculty, director/coordinator of clinical education, clinical education faculty and students
- requirements for communication (eg types, frequency, purposes)
- requirements for clinical education site instructors (eg economic, CPD, case load)
- requirements for any student health assessment and immunisations, insurance, malpractice coverage and criminal background checks, where required, or other clinical site-based requirements
- contract timeframe and specific requirements of the site related to policies, procedures, hours, facilities provided, student expectations, dress, etc
- determination of the minimum performance expectations for successful completion of each clinical experience
- responsibilities for evaluation of student performance and grading
- handling of disciplinary, health, or performance matters relating to the student that are the responsibility of the higher/tertiary institution and the physical therapist professional entry level education programme

2.2 Expectations of the clinical education director/coordinator

The responsibilities of the clinical education director/coordinator include:

- obtaining appropriate clinical sites for all students to assure a wide-variety of quality clinical placements reflective of physical therapist practice
- assuring that the clinical education contract is in place
- assuring that the clinical practice experiences encompass management of patients/clients with an array of conditions (eg musculoskeletal, neuromuscular, cardiovascular/pulmonary, and integumentary) across the lifespan and the continuum of care
- assuring that the clinical practice experiences encompass opportunities for involvement in interdisciplinary practice
- establishing the specific performance expectations (see appendix 1 for sample) and the learning behaviours (see appendix 2 for sample) for the students for each clinical education experience
- communicating to the students the minimum performance expectations for successful completion of each clinical experience
- providing the clinical site instructors with the grading system to be used for evaluation of student performance during the clinical experience (eg see appendix 3 for sample rating scales)
- establishing the organisational relationship between the academic programme and the clinical facility
- providing the student with information about the clinical site in preparation for attending the clinical placement
- arranging for reasonable accommodations for students with documented disabilities
- establishing and maintaining all lines of communication (ie types, frequency, purposes, etc) throughout the time of the clinical placement
- providing course objectives and specific learning outcomes achieved by the student at time of placement to the clinical education faculty
- maintaining a relationship between the academic faculty, the clinical education site instructors, and the students
- providing guidelines of the competencies that the physical therapist student is expected to meet during the clinical placement
- providing time lines and hours required to be met by the student during the clinical placement
- establishing standardised student clinical performance expectations that are delineated in the physical therapist professional entry level education programme
- developing a reliable, valid assessment process for evaluation of student performance in the clinical site
- assuring that the clinical experiences build increasingly upon the knowledge, skills and professional behaviours of a competent entry level practitioner

- providing constructive feedback to students regarding their performance in the clinical site
- communicating the assessment processes required during and at the end of the clinical education experience
- ensuring that the student practice load in the clinical setting is reasonable and appropriate for the student's level of education

2.3 Expectations of the clinical education site instructors

The responsibilities of the clinical education site instructors include:

- having in place a philosophy of patient/client management and clinical education that is compatible with the physical therapist professional entry level education programme
- providing services in an ethical and legal manner
- providing actions as required by law, including equal opportunity and reasonable accommodations when applicable
- providing administrative support of clinical education
- providing adequate numbers of qualified physical therapy personnel to provide an educational program for students
- having clearly defined roles and responsibilities of the physical therapy personnel within the clinical site
- orienting the student to the clinical site and to the clinical education programme
- knowing the extent of the academic and clinical education that the student has had prior to the clinical placement
- understanding the specific learning objectives for the student during the clinical placement
- assuring that the student's level of supervision (eg from continuous supervision to allowing the student to perform independently with consultation) and responsibility (eg performing tasks of increasing complexity) are appropriate for their educational level
- complying with the performance assessment/evaluation requirements established by the physical therapist professional entry level education programme
- evaluating student performance based mostly on direct observations of the student in the clinical site; feedback from team members and patients may contribute to the evaluation
- planning student learning experiences during the placement
- assuring consent has been obtained from patient/clients for student management
- assuring open lines of communication
- serving as a role model for students
- providing mentoring and supervision throughout the clinical experience; with or without direct observation
- providing appropriate feedback to the student throughout the clinical placement

- assuring adherence of the student to ethical and legal aspects of practice
- demonstrating cultural competence
- demonstrating ongoing professional development as an inherent part of the role of the clinical education site instructors
- assuring the best practice opportunities for the student
- extending knowledge and skill in providing student clinical education experiences (including programme planning, implementation, and evaluation) through continuing education

2.4 Expectations of the student

The responsibilities of the student include:

- contacting the clinical site to:
 - introduce self to the clinical education site instructors
 - confirm date of arrival
 - assure all needed paper work is in place
 - verify working hours
 - ascertain any dress code
 - determine any special medical requirements
- meeting the competencies established by the physical therapist professional entry level education programme for the clinical experience (see section 5, physical therapist practice expectations in WCPT guideline for physical therapist professional entry level education ²)
- exhibiting professional behaviours (see section 5.3 physical therapist practice expectations in policy WCPT guideline for physical therapist professional entry level education ²)
- complying with all policies and procedures set down by the clinical practice site and the physical therapist professional entry level education programme
- practising in the clinical site in accordance with supervision requirements
- respecting the confidentiality of privileged patient/client information in the clinical site
- providing formative feedback throughout the clinical experience and formative and summative feedback at the end of the clinical placement
- adhering to all professional, safety and clinical responsibilities established by the physical therapist professional entry level education programme and the clinical placement site
- participating in the assessment requirements of the physical therapist professional entry level education programme for the practice site

Appendix 1 Sample learning behaviours

US physical therapist clinical performance instrument (PT CPI) ⁵	Australasian student performance instrument ⁶ Assessment of physiotherapy practice (APP)	Irish student performance instrument ⁷
Information For each of the performance outcomes provided by category, sample learning behaviours are provided. Only two of the sample behaviours are provided for the performance category, whereas the assessment tool provides additional sample behaviours under each of the performance items	Information Behavioural examples of desirable performance are provided for each of the 20 items. Only two or three of the sample behaviours are provided for each of the items, whereas the assessment tool provides additional sample behaviours under each of the 20 items	Information Each learning outcome (or performance expectation) has learning behaviours. As the student progresses (Levels 1-3) the learning behaviours change (the learning outcomes do not). Samples for learning behaviours are shown below for only Level 1
 Safety Establishes and maintains safe working environment. Recognizes physiological and psychological changes in patients and adjusts patient interventions accordingly. 	 Risk management Monitors patient/client safety during assessment and treatment. Describes \contraindications and precautions associated with assessment and treatment. Complies with organisational workplace health and safety 	 Identifies and clears hazards in environment prior to and during assessment. Maintains appropriately close proximity to patients during assessment. Monitors patient response to assessment and modifies/discontinues assessment where patient safety is at risk. Informs oneself on the documented site policy on safe manual handling to be employed when executing assessment. Under supervision appropriately applies reflective handling of patients.
Professional behaviour 1. Demonstrates initiative (eg arrives well prepared, offers assistance, seeks learning opportunities). 2. Is punctual and dependable.	Professional behaviour 1. Demonstrates an understanding of team processes. 2. Respects patients'/clients' privacy and dignity. 3. Responds in a positive manner to feedback 4. Practices sensitively within the cultural context	Professional behaviour Dresses professionally according to local policy. Is punctual for clinical duties and appointments. Completes delegated tasks fully and properly. With guidance uses initiative in dealing with difficult situations

US physical therapist clinical performance instrument (PT CPI) ⁵	Australasian student performance instrument ⁶ Assessment of physiotherapy practice (APP)	Irish student performance instrument ⁷
Accountability 1. Places patient's needs above self interests 2. Identifies, acknowledges, and accepts responsibility for actions and reports errors Communication	Acts within bounds of personal competence, recognising personal and professional strengths and limitations Demonstrates self-evaluation, reflects on performance and implements appropriate changes based on reflection Communication	Communication
1. Communicates, verbally and nonverbally, in a professional and timely manner 2. Initiates communication in difficult situations Output Description:	1. Questions effectively to gain appropriate information 2. Listens carefully and is sensitive to patient/client and carer views 3. Writes legibly 4. Completes relevant documentation to the required standard 5. Uses a range of communication strategies to optimise patient/client rapport 6. Demonstrates an appropriate range of communication styles (patients/clients, administrative personnel, health professionals and support staff)	 Demonstrates an appropriate level of confidence in approaching patients and establishes a rapport with patients Is aware of and demonstrates appropriate verbal and non-verbal skills and listening skills in interactions with patients Explains the basic aspects of management and care to patient Respects the rights, dignity and individuality of the patient Demonstrates an appropriate level of confidence in approaching patients and establishes a rapport with family/ carer Is aware of and demonstrates appropriate verbal and non-verbal skills and listening skills in interactions with family/ carer Explains the basic aspects of management and care to family/ carer Respects the rights, dignity and individuality of the family/ carer Demonstrates regular and timely. communication with clinical educator and physiotherapy colleagues Participates in and/ or initiates appropriate

US physical therapist clinical performance instrument (PT	Australasian student performance instrument ⁶	Irish student performance instrument ⁷
CPI) ⁵	Assessment of physiotherapy practice (APP)	
		dialogue with clinical educator and physiotherapy colleagues 11. With guidance seeks and feeds back clinical information about patients and treatment information from ward staff
		12. Uses professional terminology in discussion with colleagues/ health professionals
		13. Gives talks/ case presentations to colleagues and other professionals
		14. Speaks audibly and clearly
		15. Shows evidence of preparation for presentations
Cultural competence	Cultural competence	
 Incorporates an understanding of the implications of individual and cultural differences and adapts behaviour accordingly in all aspects of physical therapy services Communicates with sensitivity by considering differences in race/ethnicity, religion, gender, age, national origin, sexual orientation, and disability or health status 	Practises sensitively in the cultural context Respects cultural and personal differences of others Conducts communication in a manner and environment that demonstrates consideration of confidentiality, privacy and cultural sensitivities	
Professional development Identifies strengths and Iimitations in clinical performance Seeks guidance as necessary to address limitations	Demonstrates commitment to learning 1. Participates in quality assessment procedures (as appropriate) 2. Takes responsibility for learning and seeks opportunities to meet learning needs	Reflective practice Modifies practice according to feedback Demonstrates an appropriate professional response to feedback

US physical therapist clinical performance instrument (PT CPI) ⁵	Australasian student performance instrument ⁶ Assessment of physiotherapy practice (APP)	Irish student performance instrument ⁷	
Clinical reasoning Presents a logical rationale (cogent and concise arguments) for clinical decisions Makes clinical decisions within the context of ethical practice	Evidence based practice 1. Considers the research evidence, patient/client preferences, clinical expertise and available resources in patient/client management 2. Assists patients/clients and carers to identify reliable and accurate health information	With guidance 1. Able to explain the rationale for choice of treatment to supervisor /patient 2. Demonstrates evidence of links between theory and practice 3. Demonstrates an understanding of evidence based practice	
Screening 1. Utilises test and measures sensitive to indications for physical therapy intervention 2. Advises practitioner about indications for intervention			
1. Obtains a history from patients and other sources as part of the examination 2. Utilizes information from history and other data (e.g., laboratory, diagnostic tests and pharmacological information) to formulate initial hypothesis and prioritize selection of test and measures	Assessment Structures a systematic, purposeful interview Selects all appropriate variable/s to be measured at baseline from WHO ICF domains Demonstrates sensitive and appropriate handling during the physical assessment process	With guidance 1. With guidance executes a logical and systematic interview in order to identify the patient's main problem/s 2. Avoids closed questioning 3. With guidance generates useful information which is used to inform the subsequent objective examination	
Evaluation 1. Synthesises examination data and identifies pertinent impairments, functional limitations and quality of life. [WHO – ICF Model] 2. Makes clinical judgments based on data from examination (history, system review, tests and measurements)	Selects and measures relevant health indicators and outcomes 1. Selects all appropriate variable/s to be measured at baseline from WHO ICF domains 2. Links outcome variables to treatment goals	With guidance 1. Explains purpose and format of objective assessment. 2. Selects and performs appropriate assessment techniques 3. Selects and applies appropriate outcome measures 4. Maintains a safe environment	

US physical therapist clinical performance instrument (PT CPI) ⁵	Australasian student performance instrument ⁶ Assessment of physiotherapy practice (APP)	Irish student performance instrument ⁷
Diagnosis and prognosis Establishes a diagnosis for physical therapy intervention and list for differential diagnosis Determines a diagnosis that is congruent with pathology, impairment, functional limitation, and disability	 Analysis and planning Describes the presentation and expected course of common clinical conditions Makes justifiable decisions regarding diagnoses based on knowledge and clinical reasoning Collaborates with patient/client to prioritise problems Negotiates realistic short and long term treatment goals in partnership with the patient/client 	1. Identifies salient points from assessment 2. Relates clinical signs and symptoms to underlying pathology 3. Recognises typical patterns of clinical presentation 4. Can suggest factors which limit patient's ability to continue or comply with assessment tasks 5. Formulates an appropriate problem list based on assessment findings
Plan of care 1. Establishes goals and desired functional outcomes that specify expected time durations 2. Establishes a physical therapy plan of care in collaboration with the patient, family, caregiver, and others involved in the delivery of health care services	Plan of care 1. Sets realistic short and long term goals 2. Negotiates realistic short and long term treatment goals in partnership with patient/client	 With guidance Uses assessment findings to plan treatment Suggests/Selects appropriate treatments Sets appropriate priorities in planning treatment Uses assessment findings to set appropriate short term and long term goals of treatment
Procedural interventions 1. Performs interventions safely, effectively, efficiently, fluidly, and in a coordinated and technically competent manner 2. Performs interventions consistent with the plan of care	 Intervention Demonstrates appropriate patient/client handling skills in performance of interventions Refers patient/client on to other professionals when physiotherapy intervention is not appropriate or requires a multi-disciplinary approach 	 Intervention Demonstrates selected basic treatment techniques accurately Carries out clinical/treatment instructions appropriately
Educational Interventions 1. Identifies and establishes priorities for educational needs in collaboration with the learner 2. Identifies patient learning style (eg demonstration, verbal, written)	Is an effective educator/health promoter 1. Demonstrates skill in patient/client education eg., modifies approach to suit patient /client age group 2. Demonstrates skills in conduction of group sessions	 With guidance Teaches aspects of management and care to patients in an effective manner Writes down instructions e.g. HEPs for patients Checks to see that the patient has understood Teaches patients the safe

US physical therapist clinical performance instrument (PT CPI) ⁵	Australasian student performance instrument ⁶ Assessment of physiotherapy practice (APP)	Irish student performance instrument ⁷
		use of selected aids and equipment e.g. wheelchairs and walking aids
 Selects relevant information to document the delivery of physical therapy care Documents all aspects of physical therapy care, including screening, examination, evaluation, and plan of care, intervention, response to intervention, discharge planning, family conferences, and communication with others involved in the delivery of care 	1. Demonstrates clear and accurate documentation 2. Completes relevant documentation to the required standard (e.g. patient/client records, statistical information) 1. Demonstrates clear and accurate documentation 2. Completes relevant documentation to the required standard (e.g. patient/client records, statistical information)	 With guidance Follows a systematic approach to writing the database Includes all components of a database relevant to the patient Includes all relevant subjective findings Includes all relevant objective findings Includes all relevant objective findings Records information in a logical manner Includes all components of the POMR format in all notes Places information received under correct headings Understands sequence of format Documents appropriate short and long term goals Writes concise and legible records Uses appropriate terminology/abbreviation Adheres to all national legal requirements Completes and signs all documentation as per local guidelines Follows all local guidelines relating to storage of documentation
Outcomes assessment	Monitors effect of intervention	With guidance
Applies, interprets, and reports results of standardized assessments throughout a patient's episode of care Assesses and responds to	Incorporates relevant evaluation procedures/outcome measures within the physiotherapy plan Makes modifications to the	Measures clinical outcome for own patients using defined subjective and objective markers Appropriately assesses patient response to
patient and family satisfaction with delivery of	interventions based on evaluation	treatment techniques within a treatment session

US physical therapist clinical performance instrument (PT CPI) ⁵	Australasian student performance instrument ⁶ Assessment of physiotherapy practice (APP)	Irish student performance instrument ⁷
physical therapy car		 with guidance Adapts treatment techniques according to patients response with guidance Documents treatment summaries / discharge
		reports 7. Aware of onward referral requirements
Financial resources		
Schedules patients, equipment, and space		
Coordinates physical therapy with other services to facilitate efficient and effective patient car		
Direction and supervision of personnel		
Determines those physical therapy services that can be directed to other support personnel according to jurisdictional law, practice guidelines, policies, codes of ethics, and facility policies		
Applies time-management principles to supervision and patient care		

Appendix 2 Performance expectations

US physical therapist clinical performance instrument (PT CPI) ⁵		Irish student performance instrument ⁷
Information There are 18 performance expectations that are placed in two primary sections with a performance outcome defined for each item. Professional practice: 1. safety 2. professional behaviour 3. accountability 4. communication 5. cultural Competence 6. professional development Patient management: 1. clinical reasoning 8. screening 9. examination 10. evaluation 11. diagnosis* and prognosis 12. plan of care 13. procedural interventions 14. educational interventions 15. documentation 16. outcomes assessment 17. financial resources 18. direction and supervision of personnel	Information The APP is a criterion based approach to the assessment of performance in the clinical setting. In the APP the criteria/performance expectations are the 20 items. These 20 items are grouped under seven aspects of practice for the performance expectations used in Australia. These aspects include: 1. professional behaviour 2. communication 3. assessment 4. analysis and planning 5. intervention 6. evidence based practice 7. risk management The performance expectations have been placed in the table to be similar to those under the US instrument; however these are not in the order provided in the Australian Student Performance Instrument	Information The term applied to the Irish instrument for performance expectations is "Learning Outcomes". There are five sections in each form. These sections and their learning outcomes are shown below. The Learning Outcomes have been placed in the table to be similar to those under the US PT CPI however; these are not in the order provided in the Irish Student Performance Instrument. Note that each section starts with the header. "By the end of this placement the student will; Learning Outcomes are placed in five sections: 1. patient assessment (10 learning outcomes) 2. patient treatment/management (10 learning outcomes) 3. professionalism (10 learning outcomes) 4. documentation (5 learning outcomes) 5. communication (5 learning outcomes)
Safety Practices in a safe manner that minimizes the risk to patient, self, and others.	Risk Management Identifies adverse events/near misses and minimises risk associated with assessment and interventions	
Professional Behaviour Demonstrates professional behaviour in all situations.	Demonstrates an understanding of patient/client rights and consent Demonstrates commitment to learning Demonstrates ethical, legal & culturally sensitive practice Demonstrates teamwork	 Professionalism Demonstrate adequate preparation for placement Identify their own learning needs Set learning outcomes for the placement Demonstrate initiative and willingness to learn Act on and accept guidance and/or feedback

US physical therapist clinical performance instrument (PT CPI) ⁵	Australasian student performance instrument ⁶ Assessment of physiotherapy practice (APP)	Irish student performance instrument ⁷	
		Demonstrate an awareness of their own limitations and seek help where necessary	
		7. Maintain patient confidentiality	
		Prioritise and manage their caseload according to the needs of the department	
		Recognise the role of the physiotherapist in the multidisciplinary team	
		Demonstrate appropriate professional behaviors and attitude.	
Accountability	Demonstrates ethical, legal	Documentation	
Practices in a manner consistent with established	and culturally sensitive practice	Document a comprehensive and appropriate database	
legal and professional standards and ethical guidelines.	Acts ethically and applies ethical reasoning all health care activities	Accurately record the assessment findings showing evidence of clinical reasoning	
		Demonstrate evidence of clinical reasoning in documentation	
		Record clear, concise, legible notes that have appropriate use of abbreviations	
		Adhere to legal requirements and local guidelines regarding documentation/signature	
Communication	Communication	Communication	
Communicates in ways that are congruent with situational	Communicates effectively and appropriately - verbal/non-	Communicate effectively with the patient	
needs.	verbal Demonstrates clear and	Communicate effectively with the family/carer	
	accurate documentation	Communicate effectively with physiotherapy colleagues	
		4. Communicate effectively with MDT (e.g. ward staff, health professionals, administration staff, personnel, porters)	
		Demonstrate appropriate presentation skills	

US physical therapist clinical performance instrument (PT CPI) ⁵	Australasian student performance instrument ⁶ Assessment of physiotherapy practice (APP)	Irish student performance instrument ⁷
Cultural competence Adapts delivery of physical therapy services with consideration for patients' differences, values, preferences, and needs	Demonstrates ethical, legal and culturally sensitive practice Practises sensitively in the cultural context	
Professional development Participates in self-assessment to improve clinical and professional performance.	Demonstrates commitment to learning Takes responsibility for learning and seeks opportunities to meet learning needs	
Clinical Reasoning Applies current knowledge, theory, clinical judgment, and the patient's values and perspective in patient management.	Evidence based practice Applies evidence based practice in patient care.	
Examination	Assessment	Patient assessment
Performs a physical therapy patient examination using evidenced-based tests and measures.	 Conducts an appropriate patient/client interview Selects and measures relevant health indicators and outcomes Performs appropriate physical assessment procedures 	 Demonstrate appropriate background knowledge Retrieve relevant information from available sources Perform a subjective examination Perform an objective examination Demonstrate appropriate handling skills Ensure patient comfort and dignity during assessment Interpret and evaluate assessment finding Plan a treatment programme Set realistic goals Perform assessment safely
Evaluation Evaluates data from the patient examination (history, systems review, and tests and measures) to make clinical judgments.	Monitors the effects of intervention 1. Incorporates relevant evaluation procedures/outcome measures within the physiotherapy plan 2. Makes modifications to the interventions based on evaluation	Treatment/management 1. Justify the treatment programme using evidence based practice 2. Implement a treatment programme accurately 3. Carry out treatment tasks within a reasonable time period

US physical therapist clinical performance instrument (PT CPI) ⁵	Australasian student performance instrument ⁶ Assessment of physiotherapy practice (APP)	Irish student performance instrument ⁷
Diagnosis and prognosis Determines a diagnosis and prognosis that guides future patient management.	Analysis and planning 1. Appropriately interprets assessment findings 2. Identifies and prioritises patient's/client's problems	4. Educate patient appropriately 5. Evaluate the effects of treatment 6. Modify treatment 7. Manage the end of the patient care episode 8. Demonstrate appropriate manual handling skills for self and patient during treatment 9. Implement safe practice during treatment 10. Demonstrate an appreciation of a holistic approach to patient treatment and management Treatment/management 1. Justify the treatment programme using evidence based practice 2. Implement a treatment
	 3. Sets realistic short and long term goals with the patient/client 4. Selects appropriate intervention in collaboration with patient/client 	programme accurately 3. Carry out treatment tasks within a reasonable time period 4. Educate patient appropriately 5. Evaluate the effects of treatment 6. Modify treatment 7. Manage the end of the patient care episode 8. Demonstrate appropriate manual handling skills for self and patient during treatment 9. Implement safe practice during treatment 10. Demonstrate an appreciation of a holistic approach to patient treatment and management
Plan of care	Plan of care	
Establishes a physical therapy plan of care* that is safe, effective, patient-centred, and evidence-based.	Sets realistic short and long term goals with patient/client Selects appropriate	

US physical therapist clinical performance instrument (PT CPI) ⁵	Australasian student performance instrument ⁶ Assessment of physiotherapy practice (APP)	Irish student performance instrument ⁷
	intervention in collaboration with the patient/client	
Procedural interventions	Intervention	
Performs physical therapy interventions in a competent	Performs interventions appropriately	
manner.	2. Is an effective educator	
	Monitors the effect of intervention	
	Progresses intervention appropriately	
	Undertakes discharge planning	
Educational interventions	Is an effective	
Educates others (patients,	educator/health promoter	
caregivers, staff, students, other health care providers*, business and industry representatives, school	Demonstrates skill in patient/client education eg modifies approach to suit patient /client age group	
systems) using relevant and effective teaching methods.	Demonstrates skills in conduction group sessions	
Outcomes Assessment Collects and analyzes data	Monitors effect of intervention	
from selected outcome measures in a manner that supports accurate analysis of individual patient and group outcomes.	Incorporates relevant evaluation procedures/outcome measures within the physiotherapy plan Makes modifications to the	
	interventions based on evaluation	
	Selects and measures relevant health indicators and outcomes	
	Selects all appropriate variable/s to be measured at baseline from WHO ICF domains	
	Links outcome variables to treatment goals	
Financial Resources		
Participates in the financial management (budgeting, billing and reimbursement, time, space, equipment, marketing, public relations) of the physical therapy service consistent with regulatory, legal, and facility		
guidelines.		

US physical therapist clinical performance instrument (PT CPI) ⁵	_	Irish student performance instrument ⁷
Direction and Supervision of Personnel		
Directs and supervises personnel to meet patient's goals and expected outcomes according to legal standards and ethical guidelines.		

Appendix 3 Sample rating scales

US physical therapist clinical performance instrument (PT CPI) ⁵	Australasian student performance instrument ⁶ Assessment of physiotherapy practice (APP)	Irish student performance instrument ⁷
Information	Information	Information
Each of the 18 performance items is scored on a categorical rating from beginning performance to beyond entry level performance. All ratings incorporate 5 performance dimensions including supervision/guidance, quality, complexity, consistency, and efficiency	Each of the 20 items is scored on a scale from 0 to 4, where a larger number indicates a higher standard of performance. In the APP the final rating for each item quantifies the level of performance achieved relative to that of "beginning / entry level standards of practice". This is the passing standard.	Each of the 20 items is scored on a scale from 0 to 4, where a larger number indicates a higher standard of performance. In the APP the final rating for each item quantifies the level of performance achieved relative to that of "beginning / entry level standards of practice". This is the passing standard.
Beginning performance	Score of 0:	Level 1
 A student who requires close clinical supervision 100% of the time managing patients with constant monitoring and feedback, even with patients with simple conditions. At this level, performance is inconsistent and clinical reasoning* is performed in an inefficient manner. Performance reflects little or no experience. The student does not carry a 	Infrequently/rarely demonstrates performance indicators. Student is not achieving the minimum acceptable entry level standard of performance. A score of 0 indicates that competence in performance assessed by that item is inadequate.	A student who is on their first three clinical placements (1 st year and 1 st placement in second year).
caseload.	0	110
 Advanced beginner performance A student who requires clinical supervision 75% – 90% of the time managing patients with simple conditions, and 100% of the time managing patients with complex conditions. At this level, the student demonstrates consistency in developing proficiency with simple tasks (e.g., medical record review, goniometry, muscle testing, and simple interventions), but is unable 	Demonstrates few performance indicators to an adequate standard student is not achieving the minimum acceptable entry level standard of performance. A score of 1 indicates that competence in performance assessed by that item is not yet adequate. Scores of 0 and 1 (not adequate) indicate that the student is not achieving the minimum acceptable entry level standard of performance.	Level 2 A student on their fourth and fifth clinical placements (second year).

US physical therapist clinical performance instrument (PT CPI) ⁵	Australasian student performance instrument ⁶ Assessment of physiotherapy practice (APP)	Irish student performance instrument ⁷
examinations, interventions, and clinical reasoning skills. 3. The student may begin to share a caseload with the clinical instructor.		
Intermediate performance		Level 2
1. A student who requires clinical supervision less than 50% of the time managing patients with simple conditions, and 75% of the time managing patients with complex conditions.		A student on their fourth and fifth clinical placements (second year).
2. At this level, the student is proficient with simple tasks and is developing the ability to consistently perform skilled examinations, interventions, and clinical reasoning.		
The student is capable of maintaining 50% of a full-time physical therapist's caseload.		
Advanced Intermediate		Level 3
Performance 1. A student who requires clinical supervision less than 25% of the time managing new patients or patients with complex conditions and is independent managing patients with simple conditions.		A student on their 6 th and 7 th clinical placements (final year).
2. At this level, the student is consistent and proficient in simple tasks and requires only occasional cueing for skilled examinations, interventions, and clinical reasoning.		
The student is capable of maintaining 75% of a full-time physical therapist's caseload.		

US physical therapist clinical performance instrument (PT CPI) ⁵	Australasian student performance instrument ⁶ Assessment of physiotherapy practice (APP)	Irish student performance instrument ⁷
Entry level Performance	Score of 2:	Level 3
 A student who is capable of functioning without guidance or clinical supervision managing patients with simple or complex conditions. At this level, the student is consistently proficient and skilled in simple and complex tasks for skilled examinations, interventions, and clinical reasoning. Consults with others and resolves unfamiliar or ambiguous situations. The student is capable of maintaining 100% of a full-time physical therapist's caseload in a cost effective manner. 	Demonstrates most performance indicators to an adequate standard. Score of 2 (adequate) achieving the minimum acceptable entry level standard of performance (Passing standard). In overall terms a student who scores a 2 for most items is performing at the minimum entry level standard and they are typically able to: 1. Acceptably manage a variety of patients with non-complex needs. 2. Identify the patient/client's major problems. 3. Establish major goals. 4. Complete treatment safely and effectively within a reasonable time frame. 5. Demonstrate an awareness of limitations and where to seek	A student on their 6 th and 7 th clinical placements (final year).
Beyond Entry level	assistance. Scores of 3 and 4 indicate the	Level 3
 A student who is capable of functioning without clinical supervision or guidance in managing patients with simple or highly complex conditions, and is able to function in unfamiliar or ambiguous situations. At this level, the student is consistently proficient at highly skilled examinations, interventions, and clinical reasoning, and is a capable of serving as a consultant or resource for others. The student is capable of maintaining 100% of a full-time physical therapist's caseload and seeks to assist others where needed. The student is capable of supervising others. 	student is performing beyond entry level standard. Score of 3: demonstrates most performance indicators to a good standard. This score reflects that the student is comfortable and performing above the minimum passing standard with respect to a given item. Score of 4: demonstrates most performance indicators to an excellent standard. This score reflects that the student is exhibiting a level of excellence or sophistication with respect to a given item. The excellent student can be characterised by: 1. An ability to work relatively independently, thoroughly and sensitively. 2. Fluid, efficient and sensitive	A student on their 6 th and 7 th clinical placements (final year).

US physical therapist clinical performance instrument (PT CPI) ⁵	Australasian student performance instrument ⁶ Assessment of physiotherapy practice (APP)	Irish student performance instrument ⁷
The student willingly assumes a leadership role* for managing patients with more difficult or complex conditions.	handling skills. 3. An ability to be flexible and adaptable. 4. Easily and consistently linking	
	theory and practice.5. A high level of self reflection and insight.	
	6. Ability to present cogent and concise arguments or rationale for clinical decisions.7. Effective time management skills.	
	Global rating scale (GRS)	
	In addition to scoring each of the 20 items using the 0-4 scale, a GRS provides a second additional process of assessment.	
	Rather than considering each of the items separately, clinicians are asked to rate the student's overall performance. This allows the educator to consider all aspects of the clinical placement and then to rate the overall performance of the student.	
	In your opinion as a clinical educator, the overall performance of this student in the clinical unit was:	
	 not adequate 	
	adequate	
	■ good	
	 excellent 	
	Global rating of inadequate	
	This rating would be used when the in the educator's opinion the student's performance overall was not adequate that is, was not at the expected minimum entry level / beginning physiotherapist standard.	
	Global rating of adequate	
	This rating indicates that the student has achieved a standard of practice for that item that would be expected of an entry level/beginning physiotherapist on their first day of practice.	
	Global ratings of good and	

US physical therapist clinical performance instrument (PT CPI) ⁵	Australasian student performance instrument ⁶ Assessment of physiotherapy practice (APP)	Irish student performance instrument ⁷
	excellent	
	These ratings provide the clinical educator with 2 categories indicating the student's performance is above minimum entry level/beginning physiotherapist standard (either good or excellent).	

Bibliography/useful resources

- American Physical Therapy Association. Physical therapist clinical education principles.
 Conference and regional forum summaries. A consensus conference on standards in clinical education December 13–15, 2007 and Integration of feedback from participants involved in regional forums September 2008–October 2009. Washington DC, USA: APTA; 2010.
 http://www.apta.org/uploadedFiles/APTAorg/Educators/Clinical Development/Education Resources/PTClinicalEducationPrinciples.pdf (Access date 22nd September 2011)
- Chartered Society of Physiotherapy Accreditation of Clinical Educators (ACE) scheme. London, UK: CSP; 2010. http://www.csp.org.uk/professional-union/careers-development/practice-educators/accreditation-clinical-educators-ace-scheme (Access date 4th August 2010)
- 3. Cross V, Hicks C. What do clinical educators look for in physiotherapy students? Physiotherapy. 1997;83:249-60.
- Cross V. The same but different. A Delphi study of clinician's and academics' perceptions of physiotherapy undergraduates. Physiotherapy. 1999;85:28-39.
- 5. Cross V, Hicks H, Barwell F. Comparing the importance of clinical competence criteria across specialties. Physiotherapy. 2001;87:351-67.
- Physiotherapy Board of New Zealand. Physiotherapy Competencies for physiotherapy practice in New Zealand. Wellington, New Zealand: Physiotherapy Board of New Zealand; 2009. http://www.physioboard.org.nz/docs/PHYSIO Competencies 09 for web.pdf (Access date 4th August 2010)
- University of Otago. Senate Policy on Assessment of Student Performance. Dunedin, New Zealand: University of Otago; 2011. http://www.otago.ac.nz/administration/policies/otago006217.html (access date 22nd September 2011)

References

- 1. World Confederation for Physical Therapy. Policy statement: Education. London, UK: WCPT; 2011. www.wcpt.org/policy/ps-education (Access date 23rd September 2011)
- 2. World Confederation for Physical Therapy. WCPT guideline for physical therapist professional entry level education. London, UK: WCPT; 2011. www.wcpt.org/guidelines/entry-level-education (Access date 22nd September 2011)
- World Confederation for Physical Therapy. WCPT guideline for delivering quality continuing professional development for physical therapists. London, UK: WCPT; 2011.
 www.wcpt.org/guidelines/CPD (Access date 22nd September 2011)
- World Confederation for Physical Therapy. WCPT guideline for a standard evaluation process for accreditation/recognition of physical therapist professional entry level education programmes. London, UK: WCPT; 2011. www.wcpt.org/guidelines/accreditation (Access date 22nd September 2011)
- 5. American Physical Therapy Association. Physical therapist clinical performance instrument. Washington DC, USA: APTA; 2006. http://www.apta.org/ptcpi/ (Access date 23rd March 2010)
- Dalton M, Keating J, Davidson M. Development of the Assessment of Physiotherapy Practice (APP): A standardised and valid approach to assessment of clinical competence in physiotherapy. [Australian Learning and Teaching Council (ALTC) Final report PP6-28]. Brisbane, Australia: Griffith University; 2009. www.altc.edu.au (Access date 10th August 2010)
- 7. Coote S, Alpine L, Cassidy C, Loughnane M, McMahon S, Meldrum D, et al. The development and evaluation of a Common Assessment Form for physiotherapy practice education in Ireland. Physiotherapy Ireland. 2007;28(2):6-10.

Publication, review and	d related policy information
Date published:	2011
Date for review:	2015
Related WCPT Policies:	Description of physical therapy Education Regulation of the physical therapy profession WCPT guidelines: WCPT guideline for a standard evaluation process for accreditation/recognition of physical therapist professional entry level education programmes WCPT guideline for curricula for physical therapists delivering quality exercise programmes across the life span WCPT guideline for delivering quality continuing professional development for physical therapists WCPT guideline for physical therapist entry level education WCPT guideline for qualifications of faculty for physical therapist professional entry level programmes WCPT guideline for the development of a system of legislation/regulation/recognition

Este documento debe citarse como: WCPT guideline for the clinical education component of physical therapist professional entry level education. World Confederation for Physical Therapy. 2011, p. 1-28 http://www.wcpt.org
(Asociación Española de Fisioterapeutas, organización miembro de la WCPT, ha participado en su elaboración).

Copyright © 2011 World Confederation for Physical Therapy.